



ZHANGDE PRIMARY SCHOOL

51 Jalan Membina Singapore 169485
Email: zhangde_ps@moe.edu.sg

Tel: 6274 0357 Fax: 6276 3042
URL: <http://zhangdepri.swiit.com>

7th January 2011

Dear Parents/Guardians,

GROWING YEARS SERIES (Primary 6)

**Zhangde Primary School
INFORMATION Form**

Our Ref: NMF/11/003

As part of our sexuality education programme, the following lessons from the Growing Years Series will be covered in 2011:

Target Levels	Topics/Lessons	What pupils will learn:	Time Period
Primary 6	VCD: Curious Minds SE Package: Lesson 2: Why am I stressed?	- know that many changes are taking place in their body and that it is all right to be curious and want to learn about these changes - recognize that there are emotional changes at puberty - cope with the stresses brought about by these emotional changes	Term 1
	VCD: Curious Minds SE Package: Lesson 3: Why Don't I Like Myself?	- handle the stress brought about by physical changes associated with puberty	Term 2
	VCD: Curious Minds SE Package: Lesson 7: What is love?	- understand that infatuation is a normal part of growing up - understand that infatuation is temporary - appreciate different kinds of love and crushes	Term 3
	VCD: Curious Minds SE Package: Lesson 8: Where Do I Begin?	- demonstrate understanding that respect is the underlying value for healthy relationships - understand the need to maintain relationships with people outside the family - differentiate between the good and bad strangers or familiar adults	Term 4
	VCD: Curious Minds SE Pkg: Lesson 10 Why Do I Like You?	- demonstrate understanding that respect is the underlying value for healthy relationship - demonstrate understanding that idolizing people of the same or opposite sex is normal and is part of growing	Term 4
	VCD: Curious Minds SE Pkg: Lesson 11 Who am I talking to?	- express their views about information from the internet and be aware of the potential / possible dangers of it - recognize that one does not need to rely on the internet to make friends	Term 4



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Please note that the above lessons will be incorporated and conducted during the **Health Education** lessons in class so your child is not required to stay back for the lessons. It is strongly encouraged that your child attends the lessons but if you wish to opt your child out from the lessons, please indicate in the attached form with reasons and submit it to your child's / wards' Health Education teacher by **10 January 2010, Monday.**

Your cooperation is greatly appreciated. Thank you.

In-partnership with you,

Jaswant Sroya (Mrs)
Principal



Sustained Lotus Award



National Education



Character Development



CHERISH Award



Community In Bloom

Innergy Award



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Name of Child: _____

Class: _____

REPLY FORM Ref: NMF/11/003 Activity: Growing Years Series Teacher I/C: Mdm Irene Chua
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I have read and understood the above circular dated 7th January 2011.

I consent to my child's / ward's participation in the entire Growing Years Series Programme for Primary 6.

I do not consent to my child's / ward's participation in:

The entire GY Series, **OR**

Topics/ Lessons from the GY Series: (List topics/lessons)

My reason for opting out is:

Name of Parent / Guardian*	
Contact of Parent / Guardian*	
Signature	
Date	

* Please delete accordingly.

